

Stand with Carers: our ACT Election 2024 Campaign



CarersACT

Dear candidate,

Can you help ensure Canberra's 58,000 + unpaid carers are seen, heard, and supported? Can you help us build a Canberra that truly cares for its carers.

Carers ACT, on behalf of the carers of our region, has eight key election asks for you and your colleagues to help make a reality.

1. **Carer Recognition Card:** A government-issued, non-means-tested card to verify carer status, provide recognition, and foster community connection.
2. **Review of the Mental Health Act:** A full review to include carer rights and ensure better care integration.
3. **Carer Directed Wellbeing and Respite Packages:** \$500,000 in funding for Carers ACT to distribute respite and wellbeing packages.
4. **Carer Wellbeing and Respite Centre:** Land to build a purpose-built centre for carers offering respite, services, and community support.
5. **Young Carer Mentoring Program:** Support for young carers to continue their education and employment while building financial security.
6. **Carer Bereavement Counselling:** Specific support for carers exiting their roles due to bereavement.
7. **Integrated Mental Health Centre:** A central hub for mental health care, navigation, and respite, benefitting carers and those they care for.
8. **Dedicated Mental Health Prevention Funding:** A commitment of 20% of the ACT mental health budget to prevention and early intervention.



Find out more at
[www.carersact.org.au/
ACTelection24](http://www.carersact.org.au/ACTelection24)