

MEDIA NOTIFICATION

Date: 10/10/2019

ACT UNPAID CARERS COMMEMORATE CARERS WEEK 2019

Every day, close to 48,000 residents in the ACT wake up with the certainty of having the responsibility to care not only for themselves but for another family member or friend with a disability, a physical or mental illness or the fragility that comes with advanced age.

National Carers Week was established to raise awareness and recognition for families and individuals in caring roles throughout Australia. **This year National Carers Week will run from 13th to 19th of October.**

Recognising carers helps celebrate the contribution they make and works towards a Canberra that cares for carers.

Carers Week activities are an action of the ACT Carers Strategy.

Media are welcomed at the local events listed over the page.

Press Contact:

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Carers Week 2019 – Activities in the ACT

Day	Event	Where	Notes
Monday 14 th October 12.30 pm	Launch of disabled BBQ's	Cotter Bend	Minister Suzanne Orr Attending
Tuesday 15 th October 2.00pm	Carers Week Appreciation Afternoon Tea Launch and acceptance of Ngulaway Art piece to Carers ACT	Carers ACT	
Wednesday 16 th October 7.00 am	National Carers Week Breakfast	Parliament House	Carers Australia Event
Wednesday 16 th October 6.15 pm	Carers Week Cocktail Party	Hyatt Hotel	Ministers Suzanne Orr and Shane Rattenbury Attending
Thursday 17 th October 9.00 am	Cuppacumbalong Men's Day Respite Activity	Cuppacumbalong Homestead	Carers Available for Interviews
Thursday 17 th October 3.00pm	Presentation to staff and carers at Dept of Health	Dept of Health	Department of Health event
Friday 18 th October 2.00pm	Young Carers Festival	Civic Square	Young Carers Available for interviews